SECTION A: MAJOR DEPRESSIVE EPISODE

A1. During the past 12 months, was there ever a time when you felt sad, blue, or depressed for two weeks or more in a row?

1. YES 0. NO

A1.1. During the last 12 months, was there ever a time lasted 2 weeks or more when you had a negative feeling about yourself such as everything went wrong was it your fault, you were useless, life was so difficult for you that there was no way out?

1. YES 0. NO

A1.2. During the last 12 months, was there ever a time lasted 2 weeks or more when you felt so exhausted or even numb that you would burst into tears without a reason?

1. YES 0. NO

A1.3. During the past 12 months, was there ever a time lasting two weeks or more when you lost interest in most things like hobbies, work, or activities that usually give you pleasure?

1. YES 0. NO

THANK YOU! (The end)
A1a. For the next few questions, please think of the two-week period during the past 12 months when these feelings were worst. During that time did the feelings of being sad, blue, or depressed usually last all day long, most of the day, about half the day, or less than half the day?

A1b. During those two weeks, did you feel this way every day, almost every day, or less often?

A1c. During those two weeks did you lose interest in most things like hobbies, work, or activities that usually give you pleasure?

A1d. Thinking about those same two weeks, did you feel more tired out or low on energy than is usual for you?

A2. Did you gain or lose weight without trying, or did you stay about the same?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes."

A2a. About how much did you gain/you lose/ your weight change?

_________ JING (accept range of value, e.g., 5-8, using the average)
Minimum: >=1
Maximum: warning if entry >=100 JING
Data type: Integer or 1 decimal place (only allow 0.5 for half Jing)
A3. Did you have more trouble falling asleep than you usually do during those two weeks?

1. YES  
0. NO  
GO TO A4

A3a. Did that happen every night, nearly every night, or less often during those two weeks?

0. EVERY NIGHT  
1. NEARLY EVERY NIGHT  
2. LESS OFTEN

A4. During those two weeks, did you have a lot more trouble concentrating than usual?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes."

1. YES  
0. NO

A5. People sometimes feel down on themselves, no good, or worthless. During that two week period, did you feel this way?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes."

1. YES  
0. NO

A6. Did you think a lot about death -- either your own, someone else’s, or death in general during those two weeks?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes."

1. YES  
0. NO

A7a. Did you have a plan to harm yourself on purpose during those two weeks?

1. YES  
0. NO

A7b. Did you take any action to harm yourself on purpose during those two weeks?

1. YES  
0. NO

CHECKPOINT -- (COUNT YES RESPONSES IN A1-A7)

1. ZERO QUALIFYING RESPONSES
   Qualifying Responses: A1c=1, A1d=1, A2a=>10Jing, A3a=1 or 2, A4=1, A5=1, and A6=1; A7a=1; A7b=1

2. IF ONE OR MORE QUALIFYING RESPONSE

THANK YOU!  
A8
A8. To review, you had two weeks in a row during the past 12 months,  
(IF “YES” TO A1 ) then “when you were sad, blue, or depressed and also had some other feelings or  
problems like”… ( READ UP TO FIRST 3 QUALIFYING RESPONSES) 

(IF “YES” TO A1.1) then “when you had a negative feeling about yourself such as  
everything went wrong was you fault, you were useless, life was so difficult for you that  
there was no way out and also had some other feelings or problems like”… ( READ UP  
TO FIRST 3 QUALIFYING RESPONSES) 

(IF “YES” TO A1.2) then “when you felt so exhausted or even numb that you would burst into tears without a  
reason and also had some other feelings or problems like”… ( READ UP TO FIRST 3  
QUALIFYING RESPONSES) 

(IF “YES” TO A1.3) then “when you lost interest in most things like hobbies, work, or activities that usually  
give you pleasure and also had some other feelings or problems like”… ( READ UP TO  
FIRST 3 QUALIFYING RESPONSES) 

About how many weeks altogether did you feel this way during the past 12 months?  
________________# OF WKS OR  

Minimum value: 2; Maximum value: 52; Data type: integer (other values unacceptable)  

A9. Think about this most recent time when you had two weeks in a row when you felt this way. How long  
ago was that?  

________________MONTHS in the past (if at present, enter “0”; If less than 1 month, round up  
to half month and enter 0.5 )  

Minimum value: 0; Maximum value: 12; Data type: integer or 1 decimal place (only allow 0.5for half  
month)  

A10. Did you tell a doctor about these problems? (By “doctor” I mean either a medical doctor or osteopath,  
or a student in training to be either a medical doctor or osteopath, i.e., medical staff working in a  
hospital.)  

1. YES 0. NO  

A11. Did you tell any other professional (such as a psychologist, social worker, counsellor, nurse, Clergy, or  
other helping professional working in non-hospital environment)?  

1. YES 0. NO  

A12. Did you tell your family members or close friends or relatives?  

1. YES 0. NO  

A13. Did you take medication or use drugs or alcohol more than once for these problems?  

1. YES 0. NO
A14. Did you take any treatments for your condition? (More than one answer can be selected)

<table>
<thead>
<tr>
<th>Treatments</th>
<th>YES (1)</th>
<th>NO (0)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychiatric</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Herbal medicine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vitamin or other health products</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A15. How much did these problems interfere with your life or activities -- a lot, some, a little, or not at all

0. A LOT  1. SOME  2. A LITTLE  3. NOT AT ALL

THANK YOU! (The end)